

EXPLORER 4

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—EXPERIMENT IN MULTI-LEVEL EXISTENCE  
—NOTICE OF PREPARATION OF EARTH CHANGES

EXPLORER (ROMC): It looks like I'm being lifted up in a beam of blue light... the beam is expanding... I am all washed in blue... it is refreshing... I am spinning around and being moved over to another beam... a yellow beam... relaxing... It is all yellow lights swirling around up here... now a nice orange... lifting through the orange... giving a lot of energy... pulsating orange... the orange is turning red... very energizing... like orange and red... Now, two beams together; I'm being moved over to a purple beam... one, nice, calming purple, swirling around... now, all the colours are coming... going around and around... now it is like I am going to hear music... it is real nice music blending with the colours... I am being taken out of a saucer with a bubble top... and I am just floating in these beautiful colours. The music... I can hear the music... very energizing...

The saucer is coming back... I am supposed to get in. I will be taken somewhere... I am on a platform now, standing straight up... I can see a circle of myself, a circle of all aspects of myself in a circle... floating up and standing on this platform... ringing in my ear... someone is working on my face, exercising my throat muscles... getting me prepared.

*An Energy-Being enters ROMC's body.  
Word output is slow and difficult.*

ENERGY-BEING: We are trying to help her see that she is multi-dimensional, and this is why she is able to see the

great circle of herself, the many forms of herself. It appears to her like many selves extending from a circle and between. We are trying to show her that there are many, many dimensions of one human self. As she can see and understand she is much more than that conscious self that she sees in the mirror or that she experiences in the waking state. She will be much more readily prepared to go into the multi-dimensional levels of consciousness. That is why we are working on various levels and not only the visual...

This is very important... to work on the visual... we are working with the other senses as well. As she realizes the light feeling of floating, this helps to keep her away from the heaviness of the worldly self and help her see more clearly that she is not tied down nor bound by this physical self. At the same time we are showing her now her human body. As each cell glows, we are showing her that each one is a complete universe in itself. A complete universe of great complexity, yet at the same time of great simplicity.

Within each cell —and there are millions of universes within one human body; just as the physical, so to speak— with many levels of energy patterns within each cell. A soul is aware that its mind and self can be very much in control of the use of the energy within the millions of cells. It is very awe-inspiring, and it is a great sense of responsibility. This is why it is important for the self to stand aside and look at the magnitude of the universes for which it is responsible.

The greater dimensions are the many, many dimensions of what we call, then, the energy body, the Universal Self which goes beyond the body which can be seen. And this body is in touch with all levels of the highest forms of energy, and,

therefore, when this body is released in its highest form, in its highest working form, then all the levels and universes within the physical are put into place... with the great energizing and balance between —not only this universal energy body but also the working levels between.

There is no limit to what the soul and the self could perform in this minute second of a lifetime. Once the soul is in control and will release the levels of energy in its purest form the human self is capable of the highest... what you would consider «miracles». But they are not miracles. The physical body is capable of appearing and disappearing at any stage, and at any level of existence, in the Earth level and in the higher energy levels, if the self and the soul are in the right communion. Of course, this is possible, as you well know. It is possible for the human body to travel, but it is also possible for the human body to accomplish important feats. They are all combined and connected. But we are only saying this to use an example so that this entity may know and see that there are no limits put upon the human body and the self other than the ones that the mind puts on the self and the body. This is why it is important to change the concepts that the Earth level has put upon the mind of Man. Once a soul is aware that there are no limits to the experience and levels of existence within the physical body, then there is a new frontier where all things are possible.

The great work that we have to do first is to work with the mind of the human souls. That is why we are now working to clear the mind of this entity from all that which has been put into her, which has limited her horizons. It is no fault of her own, but she feels limited. It is just that kind of thought-form that is sent to her from other thought-forms

from the Earth level. It is our main job to work with false thought-forms which hold down the soul in its true release and its true activity. We will help this soul to see herself in the many levels, as she can see and experience the many levels of her own existence. She will then be that much freer to explore the unusual and most amazing universes that exist within the self.

It is always our desire to help those who are willing to be helped. All we do is to help as many as are willing to listen and be helped. Therefore, it is not that we are working with one entity, but we are working with the Earth level. There are many of us working to help release those who are caught in the wrong thought-forms on the Earth level. And therefore, we are most happy when anything that we do is shared with all who are interested in learning, and, of course, all who are with you are growing and going into the many dimensions and are learning. Much of what we are already saying is known...

MONROE: Is it possible for you to bring in other entities so that we can interview them? Is that possible?

ENERGY-BEING: This is what we hope will be possible, as soon as we have cleared this channel of the many thought-forms that keep her from being really open to this kind of experience. We hope that this will be possible. It will be possible only when she will be ready to step out of herself and to travel in other dimensions. It is only then that the information can come through, because even if she is present, she often has bits of doubt that keep the soul from coming. But we are working on this and when the time is right, it will take place.

MONROE: One of the reasons why we bring this up at this moment is that we have many things facing us, and that guidance is very important to us at this stage, because of the factors that may change in our Earth pattern here that may affect us very deeply... and if we could prepare for such changes it would be helpful.

ENERGY-BEING: Many souls are being prepared to understand the changes. You, yourself, are capable, as you know, of tapping into the knowledge and understanding of what is taking place. But it is also helpful when it can come in a clear channel. We work from many directions to help those who are consciously open to understand what is taking place, so that they can assist in the greater work that must take place on the Earth level.

MONROE: Are you aware of any significant or important changes that will be taking place on the Earth level?

ENERGY-BEING: There are many levels of changes that are taking place. Of course, there are many changes taking place on the physical level of which you are aware of. There is a shifting, a polar shift taking place at this time. The trembling and shakings taking place at this time are but a beginning. This is important because the Earth is itself shifting into a higher form of consciousness.

In order for the Earth entity —it is a live form— to shift into this consciousness, it has to go through this shakedown of those negative forms that have existed around it. All the thoughts of the human beings which they have brought to the Earth have caused great imbalance, especially in areas of concentrated negative energy or negativity. As the concentra-

tion of negative thought-forms grow to a higher magnitude, this affects the Earth, and therefore the shakedown is beginning. But, as with all growth, this is important.

Besides the aspect of physical shakedowns, there are many levels of energy being projected in the Earth's direction. The Earth is sending out its antennas to all aspects of the universe. Therefore, it is receiving much more attention from other forms of life, and attracting to itself many forms of consciousness levels—in the physical level and in the etheric level. They are studying the Earth because the Earth is like a baby in the cosmos. It has yet much to learn in its emotional level. It is very young emotionally. It is now time for more growth to take place; the shift is coming soon.

Those like yourself, and others with whom you have been working are ready for this, because you have been willing to look in all levels of consciousness, and know that it is not just one level—the physical—that is important, but that the multi-dimensional levels of existence are important aspects of life, and Man must be in touch with himself, otherwise he will destroy that which is most important to him: the very most nature of his existence and the nature of his consciousness. Man must come into attunement, not only with himself but also with all levels of consciousness around, in order to go through this shift in growth and consciousness.

MONROE: How much, by our time standards, how much time do we have to prepare for this?

ENERGY-BEING: The preparation is taking place and has been taking place for many lifetimes. Therefore, it is not a matter of preparation but a matter of going with the happenings as

they come, to adjust and to shift with this shift. You are prepared and have been prepared therefore, and the great test will come as you are able to go with the flow and realize that when the shakedown begins, that this is merely a very important part of its growth. Therefore you are prepared and are working very hard to prepare many, many souls in the right direction. It is mainly the ability of the self to be in balance and to be in tune to understand what is happening because the physical is not the important aspects of life.

As the physical breaks down, the human soul will begin to see, and must see that the breakdown is only a shift into higher spiritual understanding. There is no time in levels of consciousness as you know, and everything that you do is important for the next step, and therefore you are doing what you should be doing at this time in the history of the Earth. You are doing the best that you know how and must continue because you are enlightening many, many souls, and must not worry about time. As you are helping souls get in touch with themselves, they are able to go outside of time and therefore that is the only time that is important —to step outside of the time barriers. There is truly no time...

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